



## USEFUL CONTACTS

Appettito	08082563839
Oak House Foods	08456432009
Wiltshire Foods	0800773773
Caen Medical Centre	01271 818030
Care Direct/Social Services	08451551007 03001231053
CQC (Care Quality Commission)	03000616161 <a href="mailto:Enquiries@cqc.org.uk">Enquiries@cqc.org.uk</a>
Rosebank Day Centre	01271 378651
Oakwell Day Centre	01271 327252
North Devon District Hospital	01271 322577
Knowle Taxis (wheel chair access)	01271 815666
Go Ring and Ride (Bus)	01271 328866
Devon Carers (Take A Break)	08456434435
South West Water	08001691144
National Gas Emergency Service	0800111999
Health and Social Care Professions	08453004472
NHS	111
Western Power Distribution	0800365900
Tena	0800393431
Carers UK	0808 8087777
Tarka Doctor	08456710870
Citizens Advice Bureau	08444111444

## USEFUL WEBSITES

Carers UK <http://www.carersuk.org/>

NHS <http://www.nhs.uk/Pages/HomePage.aspx>

Care Direct <http://www.devon.gov.uk/aud-parentcarer.htm>

The Princess Royal Trust for Carers <http://www.carers.org/>

Age UK <http://www.ageuk.org.uk/>

Citizens Advice Bureau <http://www.citizensadvice.org.uk/>

Devon Carers <http://www.devoncarers.org.uk/>

Alzheimer's Research <http://www.alzheimersresearchuk.org/>